

# Beck Depression Inventory

Mar 27, 2026 · The Beck Depression Inventory (BDI) is used to measure how bad someone's depression is. A BDI score between 10 and 18 shows mild depression, but a score of 30 or higher shows severe ... A widely used 21-item self-report inventory for measuring the severity of depression in adolescents and adults. Take our free Beck Depression Inventory (BDI-II) online. 10-15 min duration, 21 questions. This BDI-2 consists of 21 items to assess the intensity of depression in clinical and normal patients. Each item is a list of four statements arranged in increasing severity about a particular symptom of ... Aug 30, 2025 · In this article, we explain everything you need to know about the Beck Depression Inventory (BDI). We will cover the aspects it evaluates, the target population, a detailed step-by-step ... The Beck Depression Inventory (BDI, BDI-1A, BDI-II), created by Aaron T. Beck, is a 21-question multiple-choice self-report inventory, one of the most widely used psychometric tests for measuring the ... INTERPRETING THE BECK DEPRESSION INVENTORY Now that you have completed the questionnaire, add up the score for each of the twenty-one questions by counting the number to the right of each ... This new revised edition replaces the BDI and the BDI-1A, and includes items intending to index symptoms of severe depression, which would require hospitalization. Find Beck Scales and other patient assessment tools that help healthcare professionals measure patient needs and progress in CBT treatment programs. These instruments are relevant to the treatment of depression. Careful assessment is an important part of evidence-based practice. Initial assessments of depressive symptoms can help determine possible ... Instructions: This questionnaire consists of 21 groups of statements. Please read each group of statements carefully. And then pick out the one statement in each group that best describes the way ...

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# Beck Depression Inventory

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