

Savor Mindful Eating Life Thich Nhat Hanh

Every now and again, we'd savor a treat that contained more natural sugar (grapes) or fat (dairy or meat). 1. To taste or smell, especially with pleasure: savored each morsel of the feast. 2. To appreciate fully; enjoy or relish: I want to savor this moment of accomplishment. savor of [phrasal verb] savor of (something) formal : to seem to suggest or involve (something unpleasant) 2 days ago · Synonyms for SAVOR: taste, flavor, relish, smack, tang, tastiness, aftertaste, savoriness; Antonyms of SAVOR: tastelessness, staleness, flatness, insipidity, unpalatability, distastefulness, ... The meaning of SAVOR is the taste or smell of something. How to use savor in a sentence. Definition of savor verb in Oxford Advanced American Dictionary. Meaning, pronunciation, picture, example sentences, grammar, usage notes, synonyms and more. When you savor something, you enjoy it so much that you want to make it last forever. With that in mind, savor carries a connotation of doing something slowly. If you savor that flourless chocolate tart, then ... SAVOR definition: the quality in a substance that affects the sense of taste or of smell. See examples of savor used in a sentence. If you savor food or drink, you eat or drink it slowly in order to taste its full flavor and to enjoy it properly. Just relax, eat slowly and savor the full flavor of your food. SAVOR definition: 1. to enjoy food or an experience slowly, in order to enjoy it as much as possible: 2. pleasure.... Learn more.

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