

Seiken Brake Parts Catalog

One of the most versatile and powerful weapons of Okinawan karate is the seiken (proper fist). To make a proper fist, ... Ipponken, Nukite and Hiraken are the normal ones... Seiken is the same type of fist as in Tateken or Urazuki. You ... Jan 1, 2017 · The standard fist or seiken is one of the simplest, most recognized, and universally employed techniques in ... Sep 10, 2023 · Seiken (正拳) means “proper fist” or “fore fist”. Choku (直) means “straight” and tsuki (突き) means ... The Seiken is a punch with the first two knuckles and is a typical technique for all karate fighters in Baki series. It is one ...

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