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Oct 16, 2020 · IASTM is a manual technique that uses steel instruments to diagnose and identify an array of acute ... This article reviews the mechanism and effects of instrument-assisted soft tissue mobilization (IASTM), along with ... Instrument assisted soft tissue mobilization (IASTM) is a skilled myofascial intervention used for soft ... Advanced Physical Therapy specializes in Instrument Assisted Soft-Tissue Mobilization (IASTM) to treat soft ... Instrument Assisted Soft Tissue Mobilization, often referred to as IASTM, is a specialized manual therapy ...

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## **Instrument Assisted Soft Tissue Mobilization**

# Instrument Assisted Soft Tissue Mobilization Iastm

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