

Grip Strength And Muscle Fatigue Lab Answers

1. the act or an instance of grasping and holding firmly: he lost his grip on the slope. 2. Also called: handgrip the strength or pressure of such a grasp, as in a handshake: a feeble grip. GRIP definition: the act of grasping; a seizing and holding fast; firm grasp. See examples of grip used in a sentence. The meaning of GRIP is to seize or hold firmly. How to use grip in a sentence. Grip definition: A suitcase or valise. mental or intellectual hold: to have a good grip on a problem. competence or firmness in dealing with situations in one's work or personal affairs: The boss is old and is losing his grip. The meaning of grip. Definition of grip. English dictionary and integrated thesaurus for learners, writers, teachers, and students with advanced, intermediate, and beginner levels. To grip something is to hold it firmly. You might grip the TV remote to keep your roommate from trying to change the channel. 5 days ago · It's good to have a firm grip when shaking hands. The ball will move differently depending on the grip used when throwing it. A grip is a firm, strong hold on something. His strong hand eased the bag from her grip. They developed a grip, similar to a handshake, that they would perform during in-person meetings. Her knuckles burn as she loosens her grip. It moves the process along because the grips are pre-rigging ...

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