

# Brain Over Binge Kathryn Hansen

The brain is a complex organ that controls thought, memory, emotion, touch, motor skills, vision, breathing, temperature, hunger and every process that regulates our body. Each lobe has its own set of distinct functions, and together, the lobes of the brain make you, you. Damage to the brain can result in serious complications, and learning the function/location of each ... Feb 25, 2025 · This fact sheet is a basic introduction to the human brain. It can help you understand how the healthy brain works, how to keep your brain healthy, and what happens when the brain doesn't ... The brain contains billions of nerve cells arranged in patterns that coordinate thought, emotion, behavior, movement and sensation. A complicated highway system of nerves connects the brain to the rest of ... Service members and veterans were enrolled in a

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[The human brain: Parts, function, diagram, and more](#)

**Brain | Oxford Academic**  
**Your Brain: An Introduction to Its Anatomy - MGH MAPP**  
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