

## Back Mechanic Stuart McGill 2015 09 30

Define back. back synonyms, back pronunciation, back translation, English dictionary definition of back. n. 1. a. The part of the trunk of the human body along and to the sides of the spine between the neck ... Almost everyone will get lower back pain at some point. Here are some of the best exercises and stretches to help alleviate the pain and keep it from coming back. 56 meanings: 1. the posterior part of the human body, extending from the neck to the pelvis Related adjective: dorsal 2. the.... Click for more definitions. Overview Back pain is one of the most common reasons people seek medical help or miss work. Back pain is a leading cause of disability worldwide. Fortunately, measures can help prevent or relieve ... Lower back pain affects the lumbar region of your spine or back. The most common cause is a muscle or tendon injury. Could lower back pain be kidney pain? It absolutely can. Kidneys are located on the back side of your body and kidney pain can sometimes feel like back pain. The only true way to tell the difference is to ... Nov 13, 2024 · Your back has three distinct regions, which you can think of as upper, middle, and lower. While most of the major causes of back pain can affect all three regions, some causes of aches and ... Back pain is a common medical problem. Many factors may cause different types of back pain. Learn the parts of the back & what may be causing your back pain. Apr 3, 2025 · The back is the rear of the body between the neck and the gluteal region. Learn more about its parts and functions at Kenhub The meaning of BACK is the rear part of the human body especially from the neck to the end of the spine. How to use back in a sentence. Synonym Discussion of Back.

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