

Cognitive Behavior Modification An Integrative Approach

cognition, the states and processes involved in knowing, which in their completeness include perception and judgment. Cognition includes all conscious and unconscious processes by which knowledge is ... Cognitive means relating to the mental process involved in knowing, learning, and understanding things. Definition of cognitive adjective in Oxford Advanced Learner's Dictionary. Meaning, pronunciation, picture, example sentences, grammar, usage notes, synonyms and more. Many disciplines explore cognition, including psychology, neuroscience, and cognitive science. They examine different levels of abstraction and employ distinct methods of inquiry. Some scientists study ... The adjective, cognitive, comes from the Latin cognoscere "to get to know" and refers to the

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