

## Attached By Amir Levine

In this groundbreaking book, psychiatrist and neuroscientist Amir Levine and psychologist Rachel S. F. Heller reveal how an understanding of attachment theory—the most advanced relationship science in existence today—can ... "A groundbreaking book that redefines what it means to be in a relationship". "...both fascinating and fun. Attached will help every reader to reach fulfillment in love. I enjoyed every moment." Jan 5, 2012 · In this revolutionary book, psychiatrist and neuroscientist Dr. Amir Levine and psychologist Rachel Heller scientifically explain why some

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find compatible partners or improve your... Apr 8, 2026 · SUMMARY Attached by Amir Levine, MD and Rachel Heller, MA brings decades of attachment research into practical, readable form — explaining why some people seem perpetually ... Official site of Amir Levine, MD — Columbia University psychiatrist, neuroscientist, and bestselling author of Attached (3M+ copies sold) and the new book Secure.

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