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(cholecalciferol) comes from animals. You need a prescription to get D2. D3, however, is available over the counter. ... May 19, 2025 ·

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Vitamin D - Mayo Clinic

Vitamin D3: Benefits, Sources And Side Effects - TODAY

Vitamin D3 Uses, Side Effects & Warnings - Drugs.com

D3 by Observable | The JavaScript library for bespoke data visualization

How much vitamin D3 should I take daily? - USA TODAY

[Vitamin D Deficiency: Causes, Symptoms & Treatment](#)

15 Ways Vitamin D Benefits Your Mood, Immunity, and More

Vitamin D3: Deficiency Causes and How to Fix Them | Dr. Berg

What Taking Vitamin D3 Can Do for Your Body - Health

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