

# Nutrition For Health And Health Care

## 5th Edition

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### **Outpatient Medical Nutrition Therapy - BayCare**

*Nutrition | Definition, Importance, & Food | Britannica*  
[Nutrition.gov](https://www.britannica.com/health/nutrition)

### **What Is Nutrition & The Essential Nutrients Your Body Needs**

[Nutrition - MedlinePlus](https://pubmed.ncbi.nlm.nih.gov/20120000/)

### **Nutrition - World Health Organization (WHO)**

### **Nutrition: Importance and types of nutrients - Medical News Today**

### **Nutrition - Wikipedia**

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[Nutrition - Harvard Health](https://www.harvard.edu/health/nutrition)

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