

# Footwork The Bailey Method

Footwork dance somewhat predates footwork and juke music and started as a dance to house music, with elements of breakdancing, on the west side of Chicago in the mid/late 1980s, eventually ... Mar 11, 2025 · Footwork, or downrock, floor moves, floor rock, floor work, moves done close to the floor, often on the hands and feet. Footwork has been called the heart of the dance [2], and what ... Footwork production features frenetic, syncopated rhythms, often half-time tempo, and extensive use of repetitive samples, skittering drum fills, tom drums, handclaps, and snares. Contrary to juke, ... The meaning of FOOTWORK is the activity of moving from place to place. How to use footwork in a sentence. Apr 19, 2026 · Footwork in dance refers to the intricate movements and steps

performed by a dancer using their feet. It is an essential aspect of dance that requires precision, coordination, and agility. Sep 6, 2023 · Footwork (not Footwerk) is an electrifying and distinct genre of music that originated in the South and West sides of Chicago during the late 1990s and early 2000s. Footwork is the way in which you move your feet, especially in sports such as boxing, football, or tennis, or in dancing. This exercise improves your coordination, balance, timing and footwork. Footwork is a style of African American dance and music with 30 years of cultural history in Chicago. Footwork dancing started on the west side of Chicago in the 1980s to the sounds of house music. Jul 1, 2020 · Footwork music, and the dance moves that it's made for, emerged out of Chicago at the turn of the century as a strand of the lo-fi ghetto house

genre that was popular there during the mid ...  
The movement was ' balletic ', so she  
recommended bare feet or soft shoes : the  
footwork involved much ankle movement,  
alternating between heels and toes.

### **Footwork (genre) - Wikipedia**

#### **What is Footwork music? - Micro Genre Music**

[Footwork - Music genre - Rate Your Music](#)

[Footwork | The Breaks, a breaking encyclopedia](#)

*FOOTWORK Definition & Meaning - Merriam-Webster*

#### **FOOTWORK definition and meaning | Collins English Dictionary**

*What is footwork? — Open The Circle*

*FOOTWORK | English meaning - Cambridge Dictionary*

#### **Footwork - Definition & Detailed Explanation - Dance Terminology ...**

*What is footwork: A guide to the music genre - Red Bull*

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