

Be Anxious For Nothing Study

When you are anxious, you are very concerned or worried, but it can also refer to when you are quite interested in something. You might be anxious to improve your performance in math class after ... Jul 29, 2025 · Learn the symptoms of this mental health condition, and ways to manage worry and fear that interfere with your daily activities. Aug 22, 2025 · Anxiety disorders can be treated, even in severe cases. Although anxiety usually doesn't go away, you can learn to manage it and live a happy,

healthy life. 3 meanings: 1. worried and tense because of possible misfortune, danger, etc; uneasy 2. fraught with or causing anxiety;.... Click for more definitions. Definition of anxious adjective in Oxford Advanced American Dictionary. Meaning, pronunciation, picture, example sentences, grammar, usage notes, synonyms and more. The meaning of ANXIOUS is characterized by extreme uneasiness of mind or brooding fear about some contingency : worried. How to use anxious in a sentence. Can