

Cognitive Processing Therapy Workbook

Cognitive means relating to the mental process involved in knowing, learning, and understanding things. The adjective, cognitive, comes from the Latin *cognoscere* "to get to know" and refers to the ability of the brain to think and reason as opposed to feel. A child's cognitive development is the growth in his or her ... cognition, the states and processes involved in knowing, which in their completeness include perception and judgment. Cognition includes all conscious and unconscious processes by which knowledge is ... The meaning of COGNITIVE is of, relating to, being, or involving conscious intellectual activity (such as thinking, reasoning, or remembering). How to use cognitive in a sentence. Definition of cognitive adjective in Oxford Advanced Learner's Dictionary. Meaning, pronunciation, picture, example sentences, grammar, usage notes, synonyms and more. What does the word "cognitive" mean? The word "cognitive" comes from Latin, where it means "to know" or "to recognize." In modern scientific language, the term describes all the processes that occur in our ... Apr 30, 2026 · 'Cognitive' in psychology refers to the mental processes involved in learning, memory, and understanding. These processes include attention, reasoning, and problem-solving, which are crucial to ... Nov 14, 2025 · Cognitive (adjective): Involving conscious intellectual activities such as reasoning, perception, and judgment. The word "cognitive" pertains to the processes and functions of the mind, ... Many disciplines explore cognition, including psychology, neuroscience, and cognitive science. They examine different levels of abstraction and employ distinct methods of inquiry. Some scientists study ... Some of the exercises are cognitive, like thinking about three things that went well today. He contrasts this with a cognitive style called "empathizing," which allows for better understanding of the minds and ...

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