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Dec 24, 2024 · In her latest groundbreaking book, *The Let Them Theory*, Mel Robbins—New York Times bestselling author and one of the world's most respected experts on motivation, confidence, ... Mar 4, 2025 · Mel Robbins' groundbreaking book, *The Let Them Theory 1* introduces a revolutionary approach to relationships and personal power that could transform your life. Published in 2024, this ... Complete order of Mel Robbins books in Publication Order and Chronological Order. Robbins gained recognition for her TEDx talk, 'How to Stop Screwing Yourself Over.' [1] Her books include *The 5 Second Rule* (2017), *The High 5 Habit* (2021), and *The Let Them Theory* (2024). Oct 22, 2024 · Mel Robbins's latest book 'The Let Them Theory: A Life-Changing Tool That Millions of People Can't Stop Talking

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