

Borderline Personality Disorder Survival Guide

Borderline personality disorder (BPD) is a kind of mental health problem. It may also be called emotionally unstable personality disorder. People with BPD have unstable moods and can act ... Apr 21, 2026 · What is a borderline personality? Mental health practitioners define borderline personality disorder as a pattern of instability in someone's relationships, self-image and emotions. Jan 22, 2026 · What is borderline personality disorder? Borderline personality disorder is characterized by poor self-image, a feeling of emptiness, and great difficulty coping with being alone. People with ... Dec 7, 2023 · Here we explore the main DSM-5 criteria for Borderline Personality Disorder, causes, treatment options, and support resources. Jul 25, 2025 · Borderline personality disorder (BPD) is a mental health condition that affects your ability to regulate your emotions. You may experience periods of feeling intense and often uncontrollable ... A síndrome de borderline é um tipo de transtorno da personalidade que se caracteriza por mudanças rápidas de humor, medo de ser abandonado pelos amigos ou parceiro, relacionamentos instáveis e ... Jan 31, 2024 · Overview Borderline personality disorder is a mental health condition that affects the way people feel about themselves and others, making it hard to function in everyday life. It includes a ... What is borderline personality disorder? Borderline personality disorder is a serious mental illness that affects how a person feels about themselves and others and makes it hard to function in everyday ... Borderline personality disorder (BPD) is a personality disorder characterized by a pervasive, long-term pattern of significant interpersonal relationship instability, acute fear of abandonment, and intense ... Borderline Personality Disorder (BPD) is a condition characterized by difficulties regulating emotion. This means that people who experience BPD feel emotions intensely and for extended periods of time, ...

[What Is Borderline Personality Disorder? - The New York Times](#)

Borderline Personality Disorder - National Institute of Mental ... - NIMH

Borderline Personality Disorder - NAMI

Borderline personality disorder - Symptoms and causes

Borderline personality disorder - Wikipedia

[Borderline Personality Disorder | Johns Hopkins Medicine](#)

Borderline Personality Disorder (BPD): Symptoms & Treatment

Borderline Personality Disorder - Harvard Health

Síndrome de Borderline: o que é, sintomas, causas e tratamento

The DSM-5 Criteria for Borderline Personality Disorder

Borderline Personality Disorder Survival Guide

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