

Courage Change One Time Al Anon

Australian National Bibliography 1993

Al-Anon Narratives Grazyna Zajdow 2002-08-30 According to the author, in Australia, men drink alcohol as a mark of masculinity, and women take care of drinking men as a part of normative femininity. And while research on alcoholics and alcoholism is common, very few studies consider the lives of the women who are married to alcoholics. Here, Zajdow details and explores the lives of such women who belong to Al-Anon, where they may share their experiences and offer their stories in a nonthreatening and supportive environment. The author presents the narratives of these women in the context of her analysis of the self-help group to demonstrate how people construct and reconstruct their lives as coherent stories about themselves, and to show how these self-stories can be changed and reconceptualized within the context of the group. Unique in its examination of self-stories offered within a self-help group, this book challenges sociological knowledge about the way these mutual-aid groups operate as communities of interest and help. Zajdow begins by laying the groundwork through a discussion of the professional and lay discourses on women's relationships to alcoholic men. She then provides the basis for using self-stories to examine a group of people, the individuals in the group, and the behavior of the group in general. A history of Al-Anon as a self-help group is also detailed, and the author compares the Australian meetings to meetings in other parts of the world. The stories themselves are then examined and discussed in terms of how they relate to group processes and individual change through Al-Anon. Tracing the way that these women move from a place of despair to one of hope and meaningful change, this also represents a sociological exploration of gender, families, and communities.

Human Service Organizations and Their Publications Francine M. DeFranco 1996

Subject Guide to Books in Print 2001

Courageous Love Dr. Stefanie Carnes 2020-05-26 There is nothing that can rupture the loving connection between a couple like betrayal. In *Courageous Love*, Dr. Stefanie Carnes provides a step-by-step guide for repairing your relationship, whether it is damaged by infidelity, pornography or compulsive and addictive sexual behavior. Dr. Carnes teaches couples how to respond to one another with compassion and empathy and how to hold onto hope for their relationship. She outlines a detailed process to getting your relationship back on track and into a new stage of development. This book is a must read for couples struggling with the aftermath of betrayal.

Forthcoming Books Rose Arny 1997

Twelve Step Programs Ann Marie Minnick 1997-11-30 Twelve Step Programs are significant features in the American landscape. Their popularity compels us to take them seriously. This book studies one such program, Al-Anon, which was founded in 1951 by wives of alcoholics who were struggling with the effects of alcoholism on themselves and their families. In the 1990s its scope was broadened to include husbands, grown children, lovers, friends, and anyone else affected by another's drinking or chemical use. This study used an ethnographic approach: it reveals that Al-Anon and similar groups act as sites of spiritual renewal and moral reconstruction for primarily white, middle-class, middle-aged, Protestant Americans who report experiencing a crisis of identity. Investigating Twelve Step Programs lends further insight into the cultural crisis affecting many Americans as well as the strategies some have found to make sense of their lives.

It Takes a Family Debra Jay 2021-05-04 This second edition of the groundbreaking book by acclaimed interventionist and educator Debra Jay celebrates the unique and powerful role families play in successful long-term recovery from addiction. Readers receive tips, tools, and a framework for pursuing the proven path of Structured Family Recovery. As a companion to *Love First*, the classic guide to family intervention, *It Takes a Family* delivers a proven method for families and friends to step beyond the initial intervention and reinvent their relationships as part of a family recovery team. In straightforward, compassionate language, Debra Jay offers readers a structured model that shows family members and friends how they can work together to overcome the obstacles many people with addiction face in their initial recovery.

Through easy-to-follow strategies and exercises, family members learn about and address the challenges of enabling, denial, and pain while developing their communication skills and embracing the joy that comes from healthier and happier relationships.

Courage to Change—One Day at a Time in Al-Anon II Al-Anon Family Groups 2018-08-01 More daily inspiration from a fresh, diverse perspective. Insightful reflections reveal surprisingly simple things that can transform lives.

Forum Favorites Al-Anon Family Group Headquarters, Inc 1993 Selected editorials originally published in: Forum.

Subject Guide to Children's Books in Print 1997 Bowker Editorial Staff 1996-09

Older Americans Information Directory Laura Mars 1998-11 This Second Edition, completely updated for 1999/2000, is a comprehensive guide to resources for and about Older Americans, detailing National and State Organizations, Government Agencies, Health, Research Centers, Libraries and Information Centers, Legal Resources, Discount Travel Information and Continuing Education Programs. The first edition was published by Gale Research in 1994. Older American's Information Directory now includes 4,000 new listings and two new chapters -- Disability Aids & Assistive Devices and Health: Associations, Support Groups and Hotlines, which provides important information on 16 conditions, including Alzheimer's Disease, Arthritis, Heart Disease and Stroke. This Second Edition also contains two new indexes, including a Geographic Index and a Website Section. This comprehensive resource is a highly useful source of information for Older Americans searching for information and for those who care for and support them.

The British National Bibliography Arthur James Wells 1995

Birth of Uncool Madeline Walker 2014-04-01 Embrace Your Uncool: A Poetry Collection for the Imperfectly Authentic Birth of the Uncool is an eclectic collection of poems that celebrates the beauty of imperfection and the power of vulnerability. Madeline Walker invites you on an introspective journey through motherhood, childhood, recovery, faith, and love, all while embracing the parts of ourselves we often try to hide. This collection is for anyone who has ever felt awkward, sentimental, or vulnerable. Walker's accessible verse offers a fresh perspective on finding meaning in everyday life and accepting ourselves, flaws and all. Discover a voice that resonates with honesty, humor, and a touch of melancholy, empowering you to embrace your own unique brand of uncool.

One Day at a Time in Al-Anon Al-Anon Family Group Headquarters, Inc 1972 Alcoholism is a family illness, and changed attitudes can aid recovery. This daily readings guide for family and friends of alcoholics provides meditations and reminder, and visualizations that can provide a measure of comfort, serenity, and a sense of achievement.

When I Got Busy, I Got Better Al-Anon Family Group Headquarters, Inc 1994

Books in Print 1991

Coping with a Parent Who Overdrinks Michelle Shreeve 2025-04-01 Teenagers living with a parent who overdrinks often feel isolated and powerless, but this book shows that they are not alone by sharing the stories of other teenagers and offering expert advice alongside helpful resources, support, and hope.

Recording for the Blind & Dyslexic, ... Catalog of Books 1996

Welcome Newcomer! Al-Anon Family Groups 2021-05-20 Introduces first-timers to basic introductory information about the Al-Anon program in an eBooklet format.

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