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## What Is Codependency? 20 Signs & Symptoms -

### PositivePsychology.com

[Codependency: How to Recognize the Signs - Verywell Mind](#)

[Understanding Co-Dependency: Signs and Steps - Couples Thrive](#)

[Codependency: Signs and Symptoms - WebMD](#)

[Codependency - Psychology Today](#)

[Are You Codependent? 13 Signs of Codependency - Psych Central](#)

[Codependency: Signs of a Codependent Relationship](#)

[Codependency - Wikipedia](#)

*Codependency: Signs, Causes, and How to Break the Pattern*

*Understanding Codependent Relationships | Gottman Institute*

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