

Feeling Good Handbook David Burns

Feeling, in psychology, the perception of events within the body, closely related to emotion. The term feeling is a verbal noun denoting the action of the verb to feel, which derives etymologically from the ... [countable] something that you feel through the mind or through the senses. He struggled with feelings of isolation and loneliness. You might experience feelings of dizziness and nausea. You need to stop ... an emotion or emotional perception or attitude: a feeling of joy; a feeling of sorrow. capacity for emotion, esp. compassion: to have great feeling for the sufferings of others. Apr 16, 2026 · Adjective feeling (comparative more feeling, superlative most feeling) Emotionally sensitive. FEELING definition: 1. the fact of feeling something physical: 2. emotion: 3. emotions, especially those influenced.... Learn more. Apr 21, 2026 · Feeling words are an essential component of our emotional vocabulary. They help us express and communicate our feelings effectively, understand ourselves better, and connect with ... Feeling is used to refer to a general opinion that a group of people has about something. There is still some feeling in the art world that the market for such works may be declining. It seemed that anti ... Expressive of sensibility or emotion: a feeling glance. American Heritage® Dictionary of the English Language, Fifth Edition. A vague sense or belief can also be referred to as a feeling. In your town, there is a general feeling that the library should stay open on Sundays, but you should make up your own mind. feeling denotes any partly mental, partly physical response marked by pleasure, pain, attraction, or repulsion; it may suggest the mere existence of a response but imply nothing about the nature or ...

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